Countries with **mandatory** or **voluntary** interpretive labels on packaged foods and drinks

**Ecuador**

- Countries with mandatory or voluntary interpretive labels on packaged foods and drinks
  - Denmark
  - Iceland
  - Lithuania
  - Norway
  - Sweden
  - Australia
  - New Zealand
  - United Kingdom
  - Denmark
  - United Kingdom
  - United Arab Emirates
  - Mexico
  - Peru
  - Brazil
  - Iran
  - Thailand
  - Philippines
  - Brunei
  - Malaysia
  - Singapore
  - Australia
  - New Zealand

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Countries with mandatory interpretive labels on packaged foods
Countries with mandatory warning labels

**Mexico** | Implemented: October 1, 2020
Warning if exceeds set content thresholds for:
- Calories
- Sodium
- Sugar
- Saturated fat
- Trans fats

Additional warning text warnings for products containing caffeine or artificial sweeteners.

**Israel** | Implemented: January 2020
Warning required if product exceeds set content thresholds for:
- Sodium
- Sugar
- Saturated fat

**Peru**
**Implemented: June 2019**
Warning if exceeds set content thresholds for:
- Sodium
- Sugar
- Saturated fat
- Trans fats

Products with >1 warning label and/or warnings for trans fats must include the text "avoid excessive consumption."

**Brazil** | Implementing: October 2022
Warning if exceeds set content thresholds for:
- Sodium
- Sugar
- Saturated fat

**Uruguay** | Implemented March 2021
Warning if exceeds set content thresholds for:
- Sodium
- Sugar
- Fat
- Saturated fat

**Chile** | Implemented: June 2016
Warning if exceeds set content thresholds for:
- Calories
- Sodium
- Sugar
- Saturated fat

“High-in” products are also subject to restrictions on marketing to children and sales or promotion in school settings.
Countries with government-endorsed voluntary interpretive labels

- Denmark
- Iceland
- Lithuania
- Norway
- Sweden
- Singapore
- Thailand
- Portugal, Spain, Austria, Belgium, France, Germany, Luxembourg, Switzerland
- United Kingdom
- Argentina
- Australia, New Zealand
- Croatia
- Czech Republic
- Poland
- Malaysia
- Brunei
- Slovenia
- Croatia
- Nigeria
- Israel
- Singapore
- Malaysia
- United Arab Emirates
- Thailand
- Philippines
- United Kingdom

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